Activity

Mitt Madness

What You Need
Oven mitts or thick gloves; and any of the following: marker with cap, sheet of paper, coin, scissors, book, candy or gum in the wrapper.

What You Do
Gather the supplies. Find a hard surface (like the floor or a table) and spread out the items.

Tell your child that it’s time to play a game. Say, “Here are some oven mitts to wear. You’ll have a challenge to do all on your own, without taking off the mitts. Ready?”

Here are some challenges to consider depending on your supplies:

- Take the cap off the marker
- Pick up the sheet of paper without sliding it
- Spin the coin on the table/floor
- Cut out a circle from the sheet of paper
- Turn to page (##) in the book
- Unwrap the candy/gum

Then, say, “How many of those were you able to do on your own? Let’s try them again. But this time, I’ll help you.”

This time around, help your child complete each challenge.

Talk about the Bible Story

When the four men arrived with their hurting friend, they couldn’t see Jesus. How did they work together to solve that problem? (They lowered their friend through the roof.)

That’s a pretty creative strategy, isn’t it? Then what happened? (Jesus healed their friend.)

Just like we discovered in our activity today, sometimes we don’t have the skills to do certain things on our own. Have you ever worked together with a friend to do something? How did it feel?

As a family, let’s think of a way we could work together to help someone in need. Let’s brainstorm a plan and make it happen together. You know why? Because God created us to work together with others.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

“God, thank You for putting people in our lives who can help us. Alone, we can only do so much. But when we combine our skills and our creativity with other people’s creativity, we can do so much more! Help us to remember to look for ways we can work together. We love You! Amen.”

First, watch this week’s video!